## PEOPLE OF HOPE

A COMMUNITY OF DISCIPLES ON MISSION





### BULLETIN HIGHLIGHTS

Some of our favorite moments from our community bulletins in 2019

"THE LORD HAS DONE GREAT THINGS FOR US: WE ARE FILLED WITH JOY"

P S A L M 1 2 6 : 3

02	KAIROS GAPPERS
03	COMPASS WOMEN'S MORNING
04	IGNITE YOUTH MINISTRY
07	KOINONIA ACADEMY - BACK TO SCHOOL
07	EUCHARISTIC CHAPEL
	EGGITARIOTTO GITAL EE
08	EXHORTATION
08	EXHORTATION
08 09	EXHORTATION  DAUGHTERS OF HOPE  ECUMENICAL PRAYER

To learn more about anything in this highlight bulletin, feel free to email info@peopleofhope.net. Also, check out our Instagram @thepeopleofhope

#### KAIROS GAPPERS SPRING BREAK IN NJ

March 4-10th, 2019

"We are the Kairos North America Gap class of 2018-2019. You can call us the Gappers for short! From right to left: Julian Piezas from Vancouver, BC, Kelsey Stone from Ypsilanti, MI, Katherine Kebe from Columbus, OH,Becky Jacobs from Ellsworth, WI, Olivia Harvey from Spring Lake, MI. We are all currently in our Gap years in Lansing, Michigan, led by our Gap Director Mark Petritsch, anchored in a life of full-time service and community-building."





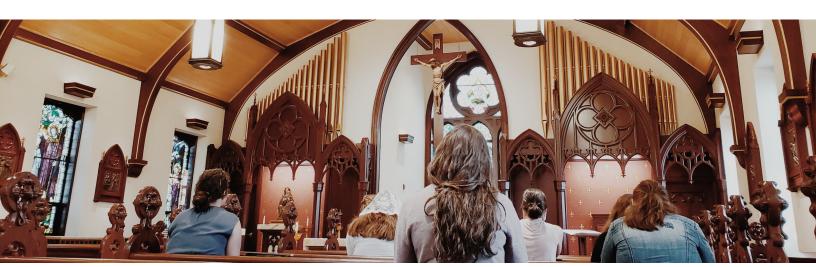
#### "WE ARE THE KAIROS NORTH AMERICA GAP CLASS OF 2018-2019"

"Our spring break trip to New Jersey involved a wide variety of activities - from service opportunities to fellowship to retreat time to tourism. On Monday, we spent time exploring the Stirling and North/South Plainfield area – from O'Bagel to Washington Rock Park. On Tuesday, we had a fantastic time volunteering at the Community of New Jersey Food Bank. The next day, we partook in KA's Witness Wednesday, talking about our experience and takeaways from the GAP year. We spent the weeks prior to the trip planning the [Ignite Youth Ministry] night, before executing the night on Thursday to big success.

We spent Friday to Saturday in St. Joseph's Shrine on a mid-year GAP retreat. In between all of this, we found time to hop the train to NYC and explore the city as a GAP class!" - Julian Piezas

The GAP Program is an exciting internship for 18-22 year-olds from Kairos outreaches all over the world. As a GAP intern, you get to be on the front lines of Kairos' work of building a community of disciples on mission. Practically this means taking a year off from school, moving to an a new city, living in household, and serving in the community, university outreach, and youth programs.

# "FOR GOD GAVE US A SPIRIT NOT OF FEAR BUT OF POWER AND LOVE AND SELF-CONTROL."



#### **COMPASS WOMEN'S MORNING**

Stephanie Castellanos

The structure of the morning was very simple yet impactful. Although I could not make it to the morning Mass and I had to leave early, I believe the simplicity of the morning allowed for deep spiritual experience. I was not sure what to expect of the morning but I made the effort to go because of the focus topic. Anxiety is something I struggle with and I wanted to hear the spiritual perspective of it. I definitely think that was fulfilled. Listening to two people talk about their own experience was helpful in a practical way.

I do wish we had a clinical perspective on it, but all in all it was a great session. A couple practical points I walked away with was to read the book recommended - *The Way of Trust & Love* - and to download the app recommended - MoodKit.

For me the biggest take away lesson is that whatever gives me anxiety can be an opportunity for God to teach me something. Very grateful for all the effort that was put into this session!



LUKE 12:49

## "I HAVE COME TO SET THE WORLD ON FIRE, AND HOW I WISH IT WERE ALREADY BLAZING!"

#### YOUNG DISCIPLES REFLECT

CATE NIEMEYER

Ignite this year has done many events from large groups, small groups, retreats and celebrations. The event that stood out to me the most was the YES retreat. This retreat changed my life and made me realize that there are so many teens from all around the country who are following God as closely as I am. I've always enjoyed retreats because it's 48 hours of placing everything else to the side and listening to God, and ultimately will open the doors to hear the word of God.

Participating in Ignite has affected me in a really positive way. This year I joined small groups and that allowed me to really connect with the girls in my class. We got the opportunity to share struggles and strengths, and provide help in situations. I've personally grown and changed because small groups allowed me to open up and there wouldn't be judgement, because God doesn't judge.

#### JAMES HESSEMER

Ignite this past year has helped me get ready for the upcoming college years and prepare myself for a world set apart from KA. Through ignite I've been able to form stronger relationships with my best friends. Relationships where we look out for each other and hold each other accountable. Although Ignite is over, it helped me form lifelong relationships with friends who will make sure I continue to grow in my faith and make sure I don't forget anything we were taught. A theme that stood out to me this Ignite [year] was the theme "Being Called to Call". As a graduate going into College it's important to figure out what you're being called to do for the Lord. I feel a good way to figure out what you're being called to do is to examine yourself. One can look at the talents God gave them and see how they can benefit others. In this theme I feel I have a talent for being able to make people laugh and smile so I feel that I'm being called to spread Joy to others in some ways.

Participating in Ignite has had a huge impact in my faith. Each witness, talk, and small group has helped me grow in different areas of my life over the years. I feel Ignite has helped me form a strong conscience so that as I go off into the real world I'm able to easily decipher good from evil. Ignite has helped me realize how important friendships are and that if you put work into a relationship in can become lifelong. In Ignite, specifically small groups, I've learned that when you are vulnerable and open up the friendships can become even stronger. I'm very thankful for all Ignite has done for me, gifting me with amazing people that I will have to help me throughout all of my life.





## "ENCOURAGE ONE ANOTHER AND BUILD EACH OTHER UP"

1 THES 5:11

#### A REFLECTION ON SERVICE

Celine Murray

To learn more about joining or volunteering with Ignite, please email Tim at info@peopleofhope.net

Ignite has been blessed with so much this year. We have been able to bring all the teens together almost every Thursday night of the year for either large groups, filled with talks from Ignite leaders and guest speakers, games, and delicious food or small groups, in which each age group of boys and girls separately meet up to share and discuss their own individual faith journeys.

Ignite year. It was also so inspiring to see how open the high school students were to not only hear, and consider what God had for them, but to take it seriously.

Serving with Ignite has been such an important part of my year. It has reminded me several times of the importance of having a servant's heart and not putting my own desires before others. There have

We have also been blessed to go on a number of weekend retreats together. One of these retreats was spent on Long Beach Island where the Ignite teens spent three days hearing talks from the leaders, praying together, and enjoying the beautiful location. This was definitely the highlight my year

serving with Ignite. I loved spending this uninterrupted time with the group. It gave us all an opportunity to really grow closer to each other and more importantly to God, and build a strong foundation of fellowship and faith for the rest of the Ignite year. It was also so inspiring to see how open the high school students were to not only hear, and consider what God had for them, but to take it

Serving with Ignite has been such an important part of my year. It has reminded me several times of the importance of having a servant's heart and not putting my own desires before others. There have been many moments in this past year where I was very tempted to spend my time on my own things instead of giving my yes to Ignite, but what I have learned time and time again is that, when you offer your time up to serve, God will always make time for your own needs.



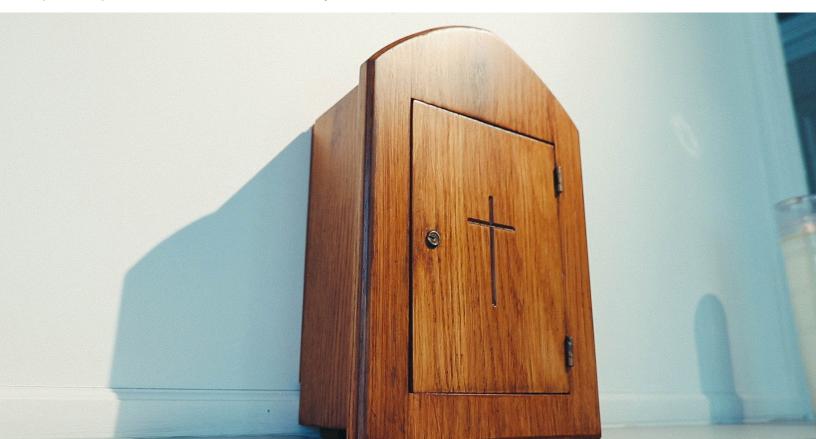
#### BACK TO SCHOOL!

Please keep the KA students and faculty in your prayers as they prepare for the upcoming school year!

#### BE STILL AND KNOW I AM GOD

Gentle reminder that the People of Hope Eucharistic chapel in the St Francis building is open for public and student use during the week. Come say hi to Jesus and spend time with the Lord!

Official hours are M-F 9 AM - 3:30 PM



#### LET US ENCOURAGE ONE ANOTHER

The Lord says beloved brothers and sisters the Church is in ordinary time. You may say, 'What shall I do in ordinary time? I'm not preparing for Christmas or Easter, I'm not going through Lent? What should I do in ordinary time?' And I tell you 'encourage one another and build each other up as indeed you are doing. Encourage one another and build each other up as indeed you are doing.'" (ref. 1Thessalonians 5:11)

lives, how we are serving Him, how He has blessed and encouraged us. We have an extraordinary opportunity in society to tell of the forgiveness available through the sacrifice of Jesus, to tell of the love of God available through Jesus, to share that peace is available, peace with God is available through Jesus. We have an extraordinary opportunity in our society, which desperately needs to hear the love of God and forgiveness through Jesus.

#### **Exhortation:**

So, in ordinary time let us tell one another the great works that God has done in our

> "ENCOURAGE ONE ANOTHER AND BUILD EACH OTHER UP, AS INDEED YOU ARE DOING"





"FOR WHERE TWO OR THREE ARE GATHERED TOGETHER IN MY NAME, THERE AM I IN THE MIDST OF THEM."

MATTHEW 18:20

#### THE DAUGHTERS OF HOPE

NORMA PROVINSAL

The Daughters of Hope completed our 2019 "Season" with a lovely summer picnic lunch hosted by Mary Kelly Quense at her charming outside cafe. As you see from our "summer hats and sunglasses" our ladies enjoyed the beautiful day the Lord provided as well as delicious food, POH jeopardy and musical games. We also had the opportunity to honor our team for their loving and kind service to our dear sisters. They include: Mary K. Quense, Susan Minogue, Diane Tomasello, Clara Bickel, Kathy Garcia and Debbie and Hannah Floyd. Thanks, sisters --- your TLC is amazing!

Our year together also included the annual visit with the Sisters of Jesus Our Hope where we shared lunch, prayer, a Mary Crowning, a festive sing along and Easter Glories. Great spring adventure! In March we shared Mass together at St. Vincents and hosted an evangelistic breakfast where we were blessed to have as our guest speaker, Brother Jude Lasota. His word to us was inspiring, challenging and holy as we walked Lent together. In addition his Mom Clare stories were both hilarious and inspiring! Thanks again Brother Jude!

# "AS WE SPEND TIME WITH ONE ANOTHER...WE PRAY FOR EACH OF YOU AND YOUR FAMILIES"



In February we thanked the Lord for our country as well as PRAYING for our country. We rejoiced with Emma Militante and Irma McCabe as they shared their becoming United States citizens. Patriotic music filled our time along with red white and blue treats. It was a grand and grateful day.

Three get togethers in late 2018 found us celebrating birthdays, recalling our favorite birthday memories as well as giving thanks for life and being Baptized Women!

The Daughters initiated a small "Angels of Mercy" effort where we have tried to visit some of our sisters who aren't able to come out to our regularly planned moments. We greeted Rose Molnar, Jane Calarco, Irma McCabe, Wendy Hoffman and Eleanor Benson.

Please know as we spend time with one another in this POH "system of loving one another" we pray for each of YOU and YOUR Families plus our beloved POH.

All in all we have had a blessed "season" and look forward to gathering again in October.

Have a blessed summer Brothers and Sisters.

With our love and prayers,

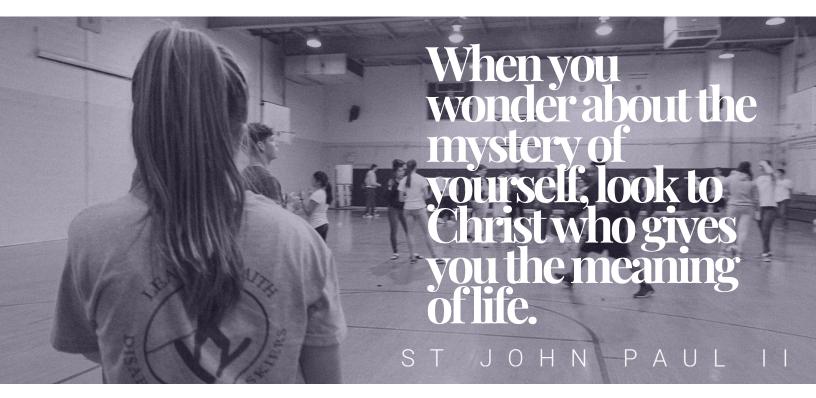
#### The Daughters of Hope

# "...THAT THEY MAY BE BROUGHT TO PERFECTION AS ONE, THAT THE WORLD MAY KNOW THAT YOU SENT ME, AND THAT YOU LOVED THEM EVEN AS YOU LOVED ME"

LET'S PRAY first and foremost for all our brothers and sisters across the world who are suffering for their faith. Let's pray for their perseverance in suffering. May God grant them grace and joy in the midst of their persecution, even unto death.

Let's pray for the Lord in the perfection of his plan to unite us more deeply through this mystery of persecution and bring the fullness of his kingdom to the "perfect unity" he spoke of in John 17.





#### **Excerpt from the People of Hope Instagram**

As we enter the new beginnings of a fresh "academic season" we keep all our young people in our prayers! What an amazing time of life! Full of newness to be discovered and mysteries to be pondered. How amazing, also, that every person is called to be like the littlest of children. Perhaps it is because children are the ones most ready to embrace WONDER, in all its fullness.

To see more, visit @thepeopleofhope

#### BACK TO SCHOOL!

Please keep the KA students and faculty in your prayers as they prepare for the upcoming school year!

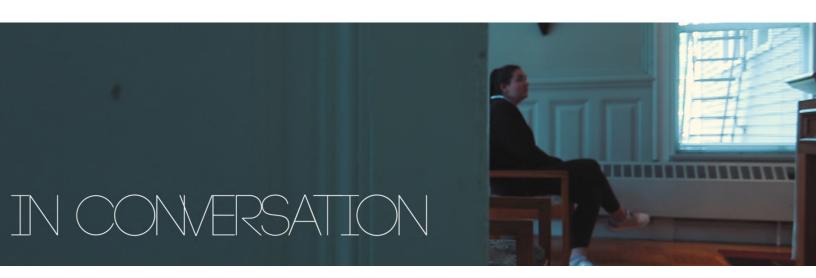
#### **Prayer for Students**

Lord our God,in your wisdom and love you surround us with the mysteries of the universe. Send your Spirit upon these students and fill them with your wisdom and blessings. Grant that they may devote themselves to their studies and draw ever closer to you, the source of all knowledge.

We ask this through Christ our Lord.

-From Catholic Household Blessings and Prayers

## "BEING ON ADVENTURE WITH THE LORD THROUGH THIS SERVICE HAS BEEN LIFE-GIVING."



#### **OUR FIRST FILM: A DIGITAL WITNESS**

Laura Allen

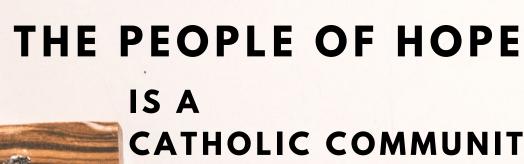
After serving a partial mission year with The People of Hope, running retreats and serving in youth ministry, helping with office administration, newsletters, and whatever else needed to be done, Maeve reflects on her time of service and on God's faithfulness to all who trust in Him.

**To watch or share the video** check out our People of Hope Vimeo page at https://vimeo.com/337555336 Links are also available on our People of Hope Facebook and Instagram accounts. If you aren't already participating in our social media, you're warmly encouraged to be part of this "digital evangelization," as we seek to find news ways to be witnesses to Christ and to share his Good News with others!

Please continue to pray for our efforts.

O Instagram @peopleofhope

Facebook @peopleofhopenj



CATHOLIC COMMUNITY
OF LAY AND RELIGIOUS
MEN AND WOMEN WHO
HAVE EXPERIENCED THE
POWER OF THE
HOLY SPIRIT AND A CALL
TO SPREAD THE
GOSPEL OF JESUS CHRIST
THROUGH PRAYER, THE
RENEWAL OF FAMILY LIFE
AND WORKS OF
EVANGELIZATION.

PEOPLE OF HOPE MISSION STATEMENT



