PEOPLE OF HOPE

A COMMUNITY OF DISCIPLES ON MISSION



OCTOBER 13, 2019

THE YEAR OF THE LORD'S DAY

"REMEMBER THE SABBATH DAY, TO KEEP IT HOLY. SIX DAYS YOU SHALL LABOR AND DO ALL YOUR WORK, BUT THE SEVENTH DAY IS THE SABBATH OF THE LORD YOUR GOD. IN IT YOU SHALL DO NO WORK.

EXODUS 20:9-10

Brothers and sisters.

The Sword of the Spirit has designated the period from September 2019 through May 2020 as a time to strengthen our commitment to and practice of celebrating the Lord's Day. During this time, we as a community, we will celebrate the Lord's Day together at a District Lord's Day on November 16th (details to be announced), at our Community Conference and at our Community Anniversary Banquet. In addition, we have designated on our calendar several Saturdays as Evangelistic Lord's Day which will be explained by the Mission Team at our 10/27 Community Prayer Meeting.

As individuals, I would like to encourage each of you to take this time to do the following:

- Review your approach to celebrating the Lord's day and ask the question, are we observing it well?
- Celebrate the Lord's day on a regular basis (every week if possible) by using the opening prayers on Saturday and the closing prayers on Sunday
- Invite others to join you for the Lord's day celebration (either the opening or closing)
 This is a great opportunity to build our multi-generational life by inviting
 brothers and sisters from all stages of our life; young singles, married (both
 young and old) widows, widowers, our senior single sisters, our priest associates
 and our brothers in the Brotherhood of Hope
- Set aside Saturday night and Sunday as a time to honor the Lord by leaving behind the concerns of the week

Over the years celebrating the Lord's Day has been a great blessing in our lives, both personally and corporately. Let us take the next nine months to restore this jewel of our life.

In Christ.

Marty Buganski

WHYCELEBRATE LORD'S DAY?

Why celebrate the Lord's Day and the Lord's Day meal? Jesus tells us that the Sabbath was made for man, not man for the Sabbath. Since we know that God gives us only what is good for us and what we need, we know that his command to keep holy the Lord's Day is for our good.

From the earliest recorded history of the Church, the first day of the week was designated as the New Testament Lord's Day - the day of Jesus' resurrection. This day replaced the last day of the week, Saturday, in the Old Testament.

The Catholic Church has designated certain traditions that are Church laws pertaining to keeping the Lord's Day holy. These include celebrating Mass and avoiding unnecessary servile work. Sunday, as the Lord's Day, replaces the Jewish Saturday as Sabbath. Sunday is seen as the "eighth day" indicating the newness and greatness of new life in Christ.²

The People of Hope celebrate the Lord's Day by beginning the "day" with a special celebration meal on Saturday night. This meal is called the Lord's Day meal. It is not intended in any way to represent the Eucharist and Mass that are participated in sometime during the Sunday time; rather its purpose is to help us enter into the Sabbath rest, putting all else aside in order to honor the Lord.

The Lord's Day meal is of importance because it establishes a beginning of the Lord's Day with the right attitude, an attitude of celebration. As a community we traditionally invite one or more people to our Lord's Day meal to encourage us to remember the greater size of God's family, greater than our own nuclear family. Our heavenly family is our true family. The Lord's Day meal is a festive celebration - the best meal of the week, with such ingredients as good wines and meats, special appetizers and desserts. We spend our time together and share the wonders and blessings of the Lord, all while filling our minds with resurrection thoughts. All of this to prepare us to celebrate the remainder of the Lord's Day in holiness and with great zeal for the way of life He has given us.

NOTE: THE PEOPLE OF HOPE WILL HAVE NEW LORD'S DAY BOOKLETS AVAILABLE SOON. STAY TUNED

- 1. Catechism 2180-83
- 2. Catechism 2174
- 3. Lord's Day book "Holding a Festive Meal"



RETREAT REFLECTIONS

"This weekend we've been talking about God the Father, his Fatherhood and I've been thinking about my own relationship with my own father and I've just been reminded over and over how grateful I am for my own father but also the other fathers in the room. I just want to say thank you for teaching me and teaching all the young men in the room what it means to be a father and was it means to father young men. It really makes this all understandable, the gift of fatherhood really opens my mind and understanding of what it means to see God the Father as as father. So thank you.

Secondly, in our time of worship yesterday, and I was praying to the Father and the phrase 'Father, I trust in you' kept coming to mind over and over again. And I kept saying it over and over again and I finally said it one

last time and I realized what I was saying 'Father, I trust in you' and the image that came to mind was of me saying that to my own father as if I was standing in front of him and saying 'dad I trust you' and I just really experienced the pleasure of the Father hearing that from his son and realizing the depth of what the means as a father hearing from his son 'dad, I trust you'. What I took away from that is that the Father wants to hear that. he wants to hear that we trust Him. Whether we're in our 20's or our 70's and 80's, he's still our dad and so I encourage you in that and I'm really grateful for the Father and all the father's in the room."

MEN'S RETREAT

"I was very much looking forward to being on retreat. I sometimes find the word "retreat" strange for in a battle it means "fall back." But I realize, more and more with each retreat, that I very much need to fall back, to regroup and hear the battle plans for moving forward once again. Just to be in a place where I hear over and over again I am loved and to be with women of faith that are such an encouragement to me is exactly what my soul needs.

I would say going into the retreat hearing that the theme was focused on the Father, I was questioning what exactly my relationship with him looks like. As the week following the retreat went on, I recognized how I experience [the Father's] love daily: in the beauty of nature and the love I receive from my husband, children and so many others. In a world that desperately needs unconditional love more than anything, I was deeply blessed to have a weekend where I experienced that in every way.

WOMEN'S RETREAT

"FATHER, I TRUST IN YOU"





Fall Women's Retreat - September 27-29



















IGNITE MIDDLE Oct 3





UPCOMING EVENTS

SMALL GROUPS

Thursday, October 17

Location: TBD

8pm

IGNITE NIGHT

Thursday, October 24

Koinonia Academy 8pm

IGNITE TEAM MEETING

Thursday, October 31

Location: TBD

8pm

IGNITE FALL RETREAT

November 8-10

Maris Stella Retreat Center

LBI



LORD'S DAY DINNER OCTOBER 26TH

Join us for fellowship, prayer, and dinner! More details to come soon.

Want to spend more time with fellow Catholics and Christians like you? Interested in joining a small group? Want to hear about prayer, dinner, retreat, and service opportunities in the future? For more information please reach out to Compass at info@peopleofhope.net

PLEASE CONTINUE TO PRAY FOR ALL THE SICK

Please continue to pray for all the sick, especially for Clara Bickel, Jack Bickel, Maria Bickel, Chuck & Jane Calarco, Genna Camiolo, John Camiolo, Peg Camiolo, Fr. Jim Carroll, Jonathan Caruso, Steve Clark, Lou Cirrotti, Mike Dalessio, Joe Fierro, Margaret Fierro, Eric Garcia, Paul Giegerich, Jr., Laura Greey, Mark Helfrich, Gloria Hoffman, Wendy Hoffman, Joseph McMullen, Rose Molnar, Danielle Neri, Shannon Hardy,

Walt and Joanne Quense, Lizzie
Quense, Lee Scarfone, Jack Spear,
Lisa Yacone, Carol-Ann McCarthy, Joe
Hoffman, Chris Birk from the Word of
Life in Ann Arbor, Michigan, and
Peter Smith from Triumph of the
Cross in Maryland.

Let's also pray for all those serving in the military, especially our loved ones

COME FOR A WONDERFUL EVENING IN SUPPORT OF KOINONIA ACADEMY AND OUR DEAR FRIENDS

OUR HONOREES



GREGORY & MAUREEN FLOYD

LUMEN CHRISTI AWARD



PATRICIA KINNEY

PARACLETE AWARD



SR. CHRISTINE QUENSE, SJH

ALUMNI LEGACY AWARD



KOINONIA ACADEMY GALA HONOREES

GREGORY & MAUREEN FLOYD

Lumen Christi Award

PATRICIA KINNEY

Paraclete Award

SR. CHRISTINE QUENSE, SJH

Alumni Legacy Award

CELEBRATING 35 YEARS

Thursday, November 7, 2019 Embassy Suites, Berkeley Heights, NJ Cocktail Reception & Dinner

TICKETS AVAILABLE AT KOINONIAGALA.COM



"BLESSED ARE THOSE WHO HEAR THE WORD OF GOD AND OBSERVE IT"

LUKE 11:28

STAY AWAKE AND SEEK FIRST THE KINGDOM OF GOD

This is a new day. The past cannot be changed and the future is unknown to man. So, live out this day to the full with the grace I have given you. Stay awake and seek first the Kingdom of God and all these things shall be given to you.

Ref. Matt 6:25-34)

I AM A GOD OF LOVE & ENCOURAGEMENT

I love being with you and thinking about you. But, I know that some of you are worried. You are worried about the future; what if this happens and what if that happens. I know that some of you are tempted by the past, by past mistakes and sins that keep coming to mind. Give all of that to me; put them in my hand. Give me the fear of the future, the problems, difficulties, and weaknesses that you've always had. Give it all to me. I want you to be a people of encouragement. What can come between you and my love for you? What in the past can come between my forgiveness which I've already given to you? Remind yourselves, remind each other, remind everyone you meet that I am a God of love and I am a God of encouragement. I am not afraid of anything, nor should you be. Oh, I love being with you! I look forward to when you can be with me forever.

I WILL TAKE CARE OF YOU

Time and time again, I listened to David and I answered his prayer. (Ref. Psalm 56) When he was under attack by enemies from within and without, when friends were deserting him, when he was being betrayed, I was with him and he knew my love. He knew my love over and over and over again. And what makes you think that I will not do the same for you? What makes you think that I loved David more than I love you? I know your struggles. I know when you are hurt. I know what oppresses you. I know who betrays you. I know the things that undermine your life. As you cry out to me, as David did, I will take care of you. I will always take care of you. It is my great delight to deliver you, to free you, to protect you. You are my beloved children," says the Lord.

Prophecies from Community Prayer Meeting September 8, 2019

UPCOMING EVENTS

KA GALA

Thursday, November 7 6:00 pm Embassy Suites, Berkeley Heights

PRAYER MEETING

Sunday, October 27 2:30 pm Koinonia Academy

PRAYER MEETING

Sunday, November 10 2:30 pm Koinonia Academy

IGNITE RETREAT

November 8-10 Maris Stella, LBI

COMPASS RETREAT

November 15-17 LBI

PRAYER MEETING

Sunday, November 24 2:30 pm Koinonia Academy

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